



Tutkimusosasto

Rehabilitation Research in Kela

Anna-Liisa Salminen
PhD, OT
22.9.2011
anna-liisa.salminen@kela.fi

Rehabilitation Research Group in Kela Research Department

- 12 researchers
- Chief: Research Professor Ilona Autti-Rämö
- Evaluates:
 - Needs for rehabilitation
 - Target groups of rehabilitation
 - Rehabilitation processes
 - Outcomes of rehabilitation
 - Individual and societal factors related to rehabilitation needs
 - Study of other rehabilitation-related social benefits

Focus Areas 2011-2015

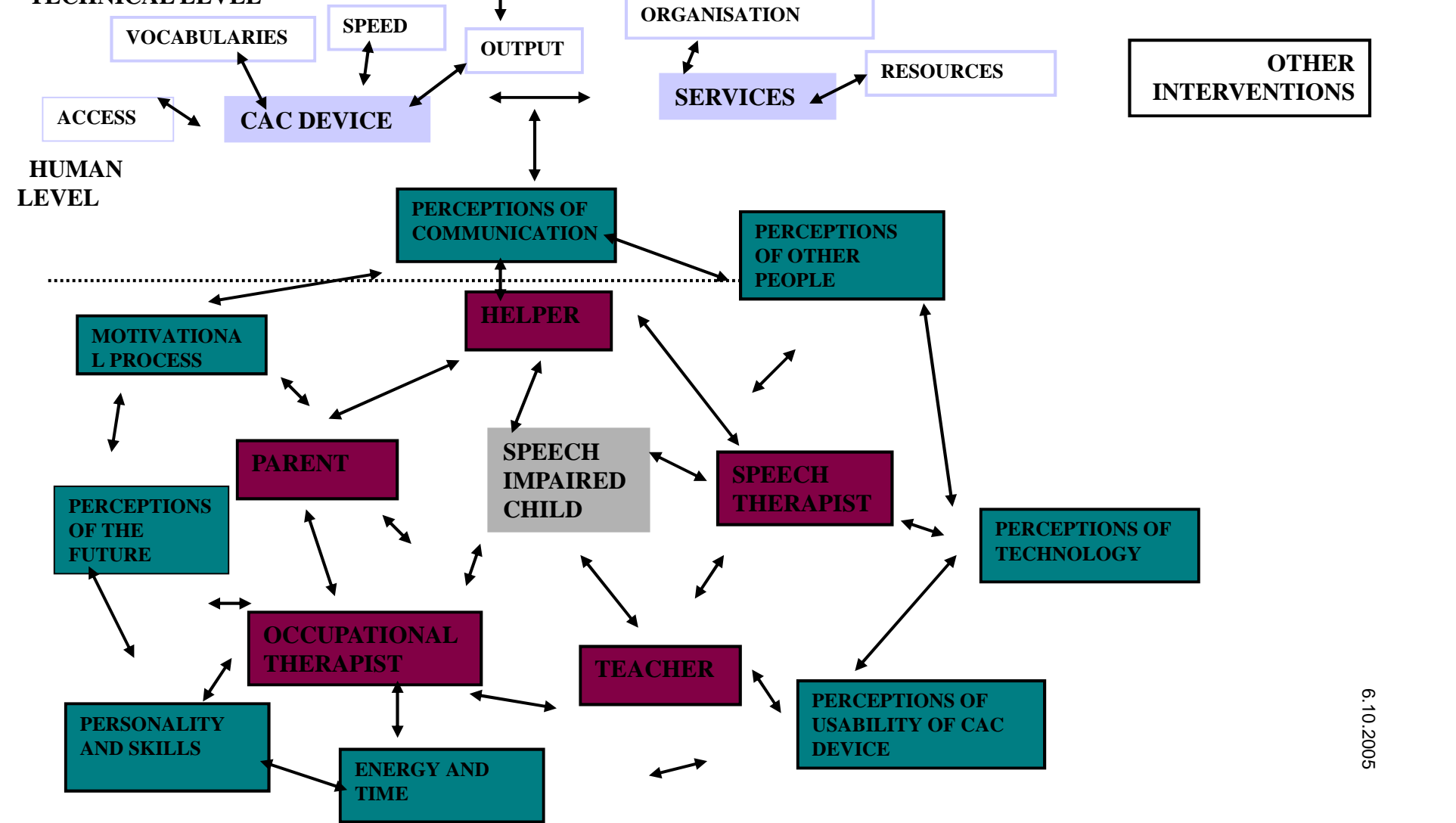
- Content related focus areas:
 - Factors related to work ability of young people
 - Work related rehabilitation
 - maintenance and improvement of work ability
 - Mental health rehabilitation
 - Maintenance and improvement of functioning of persons with severe disabilities

Focus Areas 2011-2015

- Methodological focus areas
 - Outcomes research both from individual and society point of view
 - Register based outcomes research
 - Use of tested assessment tools and systematic measures
 - Mixed methods
 - Evaluation of rehabilitation process
 - To identify and evaluate factors that have impact on rehabilitation processes
- International and nordic comparative research on rehabilitation systems and content of rehabilitation

Research in rehabilitation development projects

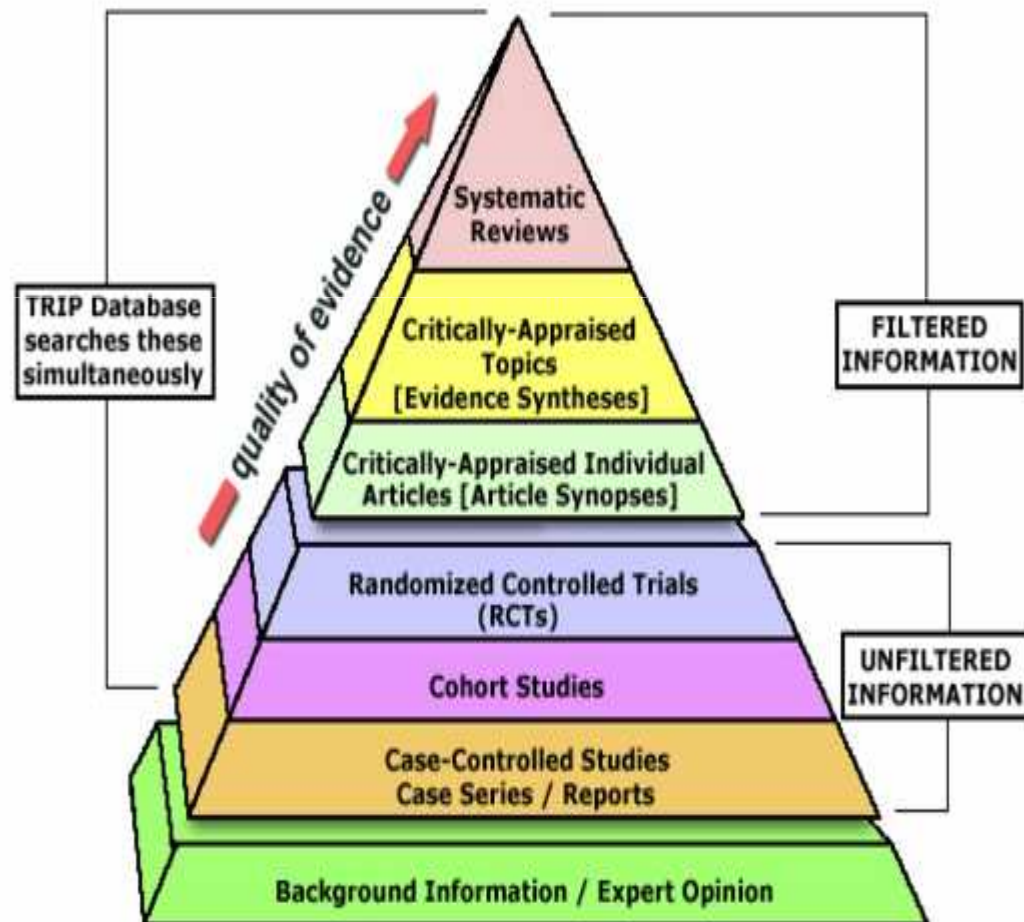
- Kela develops rehabilitation as an aim to identify suitable target groups and rehabilitation models for Kela funded rehabilitation
 - E.g. vocational rehabilitation project
 - Group based rehabilitation model for MS-patients
- Research supporting development work
 - Focus both on outcomes and processes
 - Client perspective



Research challenges in rehabilitation research

- Often long rehabilitation periods
- Multiple actors
- Individual variations
- Simultaneous other interventions

Evidence – based medicine



Some points in the research of development projects

- Aims of development define aims and implementation of research
- Research design should be part of the development project planning
- Define positions of a researcher and rehabilitates
- Formative and summative evaluations fulfilling each other
- Description is central

- Mixed methods
- Interdisciplinary approach
- Tested measures
- Data collection
 - as part of rehabilitation?